

LUNCH & LEARN

POST-INCARCERATION SYNDROME WORKSHOP

March 12th @ 12-2PM

Putnam County Job and Family Services, 575 E Ottawa-Glandorf Rd., Ottawa

Post-Incarceration Syndrome (PICS) is a psychiatric disorder that affects individuals who have been incarcerated and then are released back into society. It is characterized by a range of psychological, emotional, and social difficulties that can arise as a result of being imprisoned. These difficulties can include depression, anxiety, post-traumatic stress disorder (PTSD), difficulty adjusting to life outside of prison, and difficulty forming and maintaining relationships.

This session takes participants through the basic elements of PICS and provides the opportunity for authentic dialogue with someone who has experience working with PICS. This 2-hour session provide valuable insight for families who have loved ones who have come home, pastors and outreach/mission ministry leaders, community members, and reentry coalition members.



Guest Presenter: Zachary R. Ruppel (he/him) is a Federal Policy Analyst at JustLeadershipUSA (JLUSA) and an alumni of their 2021 Leading with Conviction cohort. He is a passionate advocate for restorative reentry practices and works to help change the narrative surrounding the criminal legal system. A trained educator, Zach understands that the best education is a lived experience. Since his own reentry, he has used his lived experience and voice as a policy professional to challenge perceptions and change hearts and minds. At JLUSA, Zach administrates the organization's national policy council of directly impacted leaders, the JustUS Coordinating Council, and collaborates regularly with policymakers while advancing economic justice and full participation in society for all.

A Columbus resident, Zach volunteers actively with his local reentry coalition, as well as, various faith-based and social justice initiatives. He holds a degree in education and piano from Ohio University and a graduate endorsement in Restorative Justice from Vermont Law School. He is currently working toward his Master's in Public Policy and Administration from John Jay College of Criminal Justice in New York.

RSVP to Kathy Kaufman at kathybeutler1962@gmail.com

Sponsored by Henry County & Putnam County Reentry Coalitions